



# Motivating Clients in Therapy: Values, Love and the Real Relationship

*Richard L. Rappaport*

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## **Motivating Clients in Therapy: Values, Love and the Real Relationship** Richard L. Rappaport

Clients who come to psychotherapy unmotivated, or who become discouraged as treatment progresses, pose a singular challenge to practitioners. Despite the central importance of motivation for the therapeutic healing process, little has been written that addresses this issue. *Motivating Clients in Therapy* questions the widely accepted assumption of the adequately motivated client.

Richard Rappaport presents a four-phased model of motivation that emphasizes the fear of loss of what is known and familiar as the central inhibitor to personal growth. The motivation to love oneself and others must be catalyzed by an active psychotherapy relationship. Rappaport offers therapists a practical and theoretical guide to increase treatment effectiveness with a wide variety of clients.

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In this period of time globalization it is important to someone to obtain information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of recommendations to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher this print many kinds of book. The book that recommended to your account is *Motivating Clients in Therapy: Values, Love and the Real Relationship* this book consist a lot of the information of the condition of this world now. That book was represented how does the world has grown up. The dialect styles that writer use for explain it is easy to understand. Often the writer made some investigation when he makes this book. That's why this book appropriate all of you.

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