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# Life in Balance: 30 Day Challenge

Life in Balance Staff



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We all know that God tells us to be still! He tends to direct us to answers and revelation when we come before him in quietness and trust (Isaiah 30:15). God wants balance in our lives and He wants us to seek Him always. Sometimes we are so busy that we don't have time to reflect on our lives or even what God wants us to do. We have created a 30 day plan to help find what is causing chaos in your life and the things that bring you "out of balance" with God. The Life In Balance 30 day challenge will help you calm your spirit and listen to God's voice. In this 4 week study you will focus on God in Worship, Body, Mind & Spirit. We hope you enjoy our brand new coloring pages! We encourage you to doodle and color as you journal. Make this book a creative work of God in your life!

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#### **Kyle Gill:**

The reason? Because this Life in Balance: 30 Day Challenge is an unordinary book that the inside of the guide waiting for you to snap it but latter it will distress you with the secret the item inside. Reading this book adjacent to it was fantastic author who also write the book in such amazing way makes the content inside of easier to understand, entertaining approach but still convey the meaning completely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of advantages than the other book have such as help improving your ability and your critical thinking way. So , still want to hold up having that book? If I were you I will go to the reserve store hurriedly.

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