



Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, Watercolor Herringbone)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Jill Spann:

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Jennifer Bell:

The feeling that you get from Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, Watercolor Herringbone) may be the more deep you digging the information that hide inside the words the more you get thinking about reading it. It doesn't mean that this book is hard to know but Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, Watercolor Herringbone) giving you joy feeling of reading. The article author conveys their point in certain way that can be understood through anyone who read this because the author of this guide is well-known enough. That book also makes your own personal vocabulary increase well. Therefore it is easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this particular Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, Watercolor Herringbone) instantly.

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