



Like Father, Love Son: Walking Back to Happiness

Alan Nolan

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The modern world takes its toll on family life, Alan Nolan has spent the last 20 years apart from his son Ian, who is based in Italy. Deciding that the best way to revive their father / son bond is to undertake an energy-sapping walk through the Italian, Swiss and French Alps on a tough Mont Blanc trek, Alan and Ian set off on their high adrenaline adventure. Like Father, Love Son is Alan's vivid account of their trip, a unique blend of travel, autobiography and family history peppered with humour. You'll laugh out loud as they encounter a French Mr. Bean, the American Burt Kwouk, the Australian hitman and at their night spent at the Randy Nurse's. Convinced that many of us don't really know our parents because we accept them as they are without asking about their past, Alan decides that Ian needs to know why he was called 'Killer' Nolan as a boy and what prompted him to abandon his fledgling boxing career at Teddy Snowball's gym. Anyone who has read Ancient Feet, Alan's side-splitting account of his eventful crossing of the North of England with five mates on the Coast to Coast Walk, will already know that Like Father, Love Son will be a barrow load of entertainment, as well as some home truths about our relationships in this modern era.

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