



F Bombs 4 Single Moms

Christina Ciani

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F Bombs 4 Single Moms is the upbeat, yes you can! book for women ready to express and experience who they truly are and create a legacy of joy for their children. Ciani shows you how ignoring the "Assoholics" who tried to hold you back and moving away from the archaic 'woe is me' label of 'single mom' to choosing better, uplifting descriptions of this life path creates happiness and a more positive self image and life. She gives you new words to describe being a single woman raising children like her favorite: FiZGiG. Throwing out the history of 'single mom' and the baggage that goes with it, F Bombs makes the long overdue shift toward a positive state of mind for millions of women. The twenty-seven F Bombs include leaving traditional motherhood for the masses, giving yourself permission to be happy and presents creative ideas for creating a life of bliss that's a grand adventure - cheaply, wonderfully and joyfully.

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