



Eggnog Recipes: Eggnog Lore and Recipes Galore

B. Mark Anderson

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Eggnog Recipes is a one-of-a-kind recipe ebook. There's not another like it anywhere. By taking the art and science of the incredible edible egg to mouth-watering heights, you will find more than 50 non-alcoholic eggnog recipes suitable for any day of the year.

Throughout much of history--and especially in early America where milk and eggs were staple items on family farms--egg nog was an everyday drink. The author restores this bit of heritage by giving both vintage and original recipes for eggnog. "I grew up drinking eggnog," the author asserts. "To this day we enjoy eggnog for breakfast nearly every day." All of the 50 plus recipes can easily be made at home. Even a child can make most with minimal or no supervision.

One or two of the recipes call for alcohol. However, spirits may be added to each recipe if you choose.

Research studies verify what everyone instinctively knows--breakfast is good for you! Now there's no reason for you or your kids to skip this important meal. Get Eggnog Recipes and you'll find out how to prepare a variety of breakfast egg-nogs you and your kids won't want to miss.

Eggnog Recipes will eggs-ceed your egg-spectations! The holiday recipes are eggs-quisite; yes, even egg-stravagant. The multiple eggnog-for-breakfast strategies are egg-straordinary. Ever tried breakfast with eggnog? It's quick, easy and egg-stra healthful. Enjoy the book, try the drinks. You'll most likely lick your chops and eggs-claim, "Wow! Eggs-ceptional! Out of this world!".

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