



## Adult Health Nursing, 3e

*Patricia Gauntlett Beare RN PhD  
PhD RN CHPN CS JCAHO, Judith L. Myers RN MSN*

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With a strong focus on medical-surgical content, this text emphasizes a comprehensive, contemporary approach to nursing management of the adult patient with a medical-surgical disorder. Presented in a format that gives equal attention to nursing management and associated pathophysiology of the disorder, the scope of care has been broadened to encompass home care, long-term care, and rehabilitation. Divided into 12 body system units (with two additional units covering pathophysiologic dimensions and adult health nursing and principles of perioperative nursing), each body system unit begins with a three-part assessment chapter, covering anatomy and physiology, assessment, and laboratory and diagnostic tests. Clinical management chapters include comprehensive discussion of common disorders, with equal coverage of the disease process and management. Nursing management is consistently covered in the nursing process format of assessment, nursing diagnosis, planning/expected outcomes, implementation, and evaluation/documentation. Continuity of care concludes each applicable nursing management section.

Consistent five-step nursing process format which aids in the development of a practice-oriented, problem-solving approach to patient care. Includes a separate heading for Continuity of Care that stresses the importance of the nurse's role in promoting the transition from patient care in the acute care setting to rehabilitation, long-term care, and home care settings. Nursing Care Plans use nursing diagnosis and expected outcomes as a format to guide the student in selecting interventions for patients with specific disorders. Patient Education Guides are included to provide students with critical information to include in teaching patients and their families about care of conditions. Geriatric Considerations boxes present information about older adult's special needs for nursing care. Critical Thinking Guides are designed to guide students through decision making about patients with specific clinical problems. Home Care Guides provide the student with more detailed plans to help the patient and family manage a condition in the home. Clinical Alert boxes highlight precautionary information. Research boxes help students apply current research findings to the patient care setting. Presents health promotion boxes to highlight important preventive health content.

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