



Adult Coloring Journal: Co-Dependents Anonymous (Pet Illustrations, Purple Mist)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Why don't make it to become your habit? Right now, try to ready your time to do the important take action, like looking for your favorite guide and reading a publication. Beside you can solve your long lasting problem; you can add your knowledge by the reserve entitled Adult Coloring Journal: Co-Dependents Anonymous (Pet Illustrations, Purple Mist). Try to make book Adult Coloring Journal: Co-Dependents Anonymous (Pet Illustrations, Purple Mist) as your good friend. It means that it can for being your friend when you sense alone and beside regarding course make you smarter than previously. Yeah, it is very fortunated in your case. The book makes you more confidence because you can know every thing by the book. So , let me make new experience along with knowledge with this book.

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