



Gems of Gluten-Free Baking: Breads and Irresistible Treats Everyone Can Enjoy

Wendy Turnbull

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Those who suffer from a gluten intolerance often miss out on the delicious baked goods most people get to enjoy. In her first book, *Gems of Gluten-Free Baking*, former nurse and baker Wendy Turnbull unlocks the secret to baking all your favourite treats while still keeping a gluten-free diet-by using a carefully selected and balanced blend she calls GEMS Flour, a formula she reveals in this book. This blend of whole grain gluten-free flours holds many of the same properties as found in wheat flour. Breads are tasty, have great texture, slice without crumbling, and stay remarkably fresh.

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