



# The Female Athlete, 1e

Mary Ireland, Aurelia Nattiv

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- Discusses obstetric and gynecologic concerns in the female athlete, including menstrual dysfunction · exercise-associated amenorrhea and leptin · sexually transmitted diseases · hormonal disorders · breast disorders and injuries · contraception · fertility · pregnancy · and postpartum issues.
- Features an orthopedic section, covering all major injuries.
- Includes chapters dealing with sport-specific injuries and conditions, as well as evaluation, treatment, and rehabilitation.
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