



Acorns and Eat'em: A How-To Vegetarian Acorn Cookbook

Suellen Ocean

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A how-to cookbook and field guide for eating acorns. Most first time tasters are surprised at how savory acorns are. Suellen Ocean has explored acorns as food since 1979. Try her Acorn Cheesecake or her Acorn Enchiladas and rediscover what shouldn't have been lost. Here's what the critics say about "Acorns and Eat'em": "great recipes and stories... a milestone book," "quality information... edible plant knowledge," "Ocean ... is an excellent vegetarian cook," "... a veritable Betty Crocker of the woodland..." "... the leading expert in the field," "plenty of recipes... modern preparation tips... a very useful book," "the only complete acorn recipe book I know of," "Everyone who tries the acorn cookies pronounces them Delicious!" "An extremely important book..."

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