



I Am Revealed: Behind the Ashram Door

Robin Barbosa

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I was just there for a free meal. . .or so I thought.

This candid, riveting first-person account documents the cult phenomenon by journeying deep into a mind controlled by a cult. A 21-year-old college graduate is inextricably entangled by coercive techniques she can't escape. Her parents finally resort to drastic action to rescue her.

Decades later, this girl, now a parent herself, engages in an intimate conversation with her two adult daughters, shedding light on what fueled her submission--a tale of curiosity resulting in entrapment, also examining the role family relationships play in a cult--and then an ex-cult--member.

How you know you're in a cult--

.When you behave the way they want you to, they get you to believe anything they want.

.A sudden, drastic change in your environment leads to profound suggestibility.

.You're trained to believe life outside the exploitive group is toxic.

.You're encouraged to embrace the cult's mission because it will make yourself and all mankind reap eternal benefit.

.Your mind is always focused on the leader's agenda.

.Your leader is infallible.

.You're gradually molded within the milieu of the delusions and financial aspirations of the leader/leadership.

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