



Junior Leagues In the Kitchen with Kids: Everyday Recipes & Activities for Healthy Living

Favorite Recipes Press, Association of Junior Leagues (AJLI)

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To further the initiative of the Junior Leagues' KIDS IN THE KITCHEN program, the AJLI has partnered with Favorite Recipes Press to create this activity-filled cookbook. Simple recipe instructions accompanied by hand-shots for demonstrating cooking techniques and lists of necessary cooking utensils, make this a kid-friendly and mother-approved cookbook. Healthy eating tips throughout the book reinforce the program's healthy eating and lifestyle messages. Plenty of activity suggestions for parents and children to create and enjoy together. George Stella, author of 3 cookbooks, is the official spokesperson for the Junior Leagues' KIDS IN THE KITCHEN program and cookbook.

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