



# **Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Watercolor Herringbone)**

*Courtney Wegner*

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## Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Watercolor Herringbone)

Courtney Wegner

Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Have you spare time for any day? What do you do when you have considerably more or little spare time? Yep, you can choose the suitable activity intended for spend your time. Any person spent all their spare time to take a stroll, shopping, or went to the actual Mall. How about open as well as read a book allowed Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Watercolor Herringbone)? Maybe it is to be best activity for you. You recognize beside you can spend your time with your favorite's book, you can smarter than before. Do you agree with their opinion or you have additional opinion?

#### **Hilda Dolan:**

The book untitled Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Watercolor Herringbone) contain a lot of information on the item. The writer explains her idea with easy technique. The language is very simple to implement all the people, so do not really worry, you can easy to read this. The book was published by famous author. The author will take you in the new period of literary works. You can actually read this book because you can continue reading your smart phone, or device, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site in addition to order it. Have a nice examine.

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