



## Textbook of Homosexuality and Mental Health

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# Textbook of Homosexuality and Mental Health

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Textbook of Homosexuality and Mental Health brings together in one volume the entire range of material and variety of perspectives concerning homosexuality and mental health. With more than 50 chapters written by leaders in the field, this book is the most complete review of the topics of homosexuality and mental health and treatment of gay men, lesbians, bisexuals, and transsexuals to date. Starting from the belief that homosexuality is a normal variation of human sexuality and not a mental illness, this revolutionary book presents current information on homosexuality from a mental health and medical perspective. Sections focus on demographic, cultural, genetic, biological, and psychological perspectives; development throughout the life cycle; relationships and families; psychotherapy; multicultural identities and communities; professional education; and medical care. A variety of special issues, such as sexuality, substance abuse, violence, suicide, religion, and HIV/AIDS, are discussed. Also included are several unique chapters that cover topics not readily available elsewhere, among them transsexuality; minority gay, lesbian, and bisexual people; the impact of the sexual orientation of the therapist; latency development in prehomosexual boys; and clinical issues specific to psychotherapy with gay, lesbian, and bisexual patients. The clinical and theoretical richness contained in this volume makes it an accessible and invaluable reference for clinicians and the general public alike. Chapters complement each other, while providing enough information to be useful if read on their own.

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