



Patients Encyclopedia of Urinary Tract Infection, Sexual Cystitis and Interstitial Cystitis: The international bible on self-help

Angela Kilmartin

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Classic urinary tract infection and inflammation has pain, frequency, bleeding, backache and /or fever in any order or combination. It is also known as cystitis. No figures are kept because it is so very common, but in the 25 years since Angela introduced self-help and prevention, attacks in the UK have dropped by 50% from their high in 1971 when they were over 25 million a year. The medical profession generally has not changed its treatments at all, still only offering antibiotics, poor quality urine sampling and futile trips to helpless urologists who may cause further procedural damage.

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