Strategies for Suicide Prevention in Veterans

U. S. Department of Veterans Affairs, Health Services Research & Development Service

Strategies for Suicide Prevention in Veterans

U. S. Department of Veterans Affairs, Health Services Research & Development Service

Strategies for Suicide Prevention in Veterans U. S. Department of Veterans Affairs, Health Services Research & Development Service
Suicide is a devastating outcome of major public health importance. Suicide rates for patients abusing alcohol and other substances, or suffering from other mental health conditions may be elevated. Because suicide prevention is a priority of the Veterans Health Administration, the VA wishes to expand and enhance use of evidence-based prevention or reduction methods. Suicide is a major problem in public health. In the US suicide is roughly the 10th leading cause of death, corresponding to about 30,000 deaths per year. Suicide is now understood as a multifactorial phenomenon, with biological, psychological, and social/environmental risk vulnerabilities and triggers. The majority of suicides – at least 90% by some studies – in the US implicate a psychiatric disorder, usually a mood disorder. US military veterans are a large population with multiple, and often significant risk factors for suicide. The Veterans Health Study, which screened 2160 male outpatients at Boston-area VA clinics, reported depressive symptoms in 31% of the sample, a rate more than twice that of the general population. A study of over 800,000 depressed veterans reported a suicide rate about 7 times higher than the baseline risk in the general population. The same study also showed that substance abuse elevated the suicide risk in depressed veterans. A recent report on the prevalence of mental health disorders in soldiers returning from the current Iraq conflict found clinician-identified mental health problems in 20% of active duty personnel, and in over 40% of National Guard and reserve personnel. Suicide in these newly discharged veterans has also received considerable political and media scrutiny. The main problem confronting those working in suicide prevention is that while the absolute number of suicides in a population is cumulatively quite large, the risk of suicide to any given individual, even those with multiple risk factors, is by relative measures quite small. This problem is illustrated in an example in Gaynes et al. who show that for reasonable assumptions of sensitivity and specificity, a screening test for suicide risk would have a positive predictive value of 0.3% and generate an overwhelming number of false positives. These same factors complicate any attempt at constructing randomized clinical trials of suicide prevention efforts. It is widely recognized that the problem of accurate suicide prediction at the clinical level is currently an intractable one. In spite of the difficulties with prediction, structured approaches to suicide prevention have been developed. The multifactorial nature of the problem of suicide has required the adoption of a multifaceted approach to intervention, combining population-based screening and education, with more targeted efforts for those at above-baseline risk. These methods were reviewed by Mann et al. and their conceptual model will organize the interventions we review in this report. The Key Questions were: Key Question 1. What are the new or improved suicide prevention strategies (e.g. hotlines, outreach programs, peer counseling, treatment coordination programs, and new counseling approaches) that show promise for Veterans? Key Question 2. What solid evidence base supports the most promising strategies? Key Question 3. What evidence is still needed to establish various strategies as the most promising (framed as research questions to guide and focus continued research to expand knowledge regarding the effectiveness of suicide prevention approaches)?

Download and Read Free Online Strategies for Suicide Prevention in Veterans U. S. Department of Veterans Affairs, Health Services Research & Development Service

---

From reader reviews:

Orville Norman:

What do you in relation to book? It is not important along with you? Or just adding material when you require something to explain what you problem? How about your extra time? Or are you busy individual? If you don't have spare time to perform others business, it is gives you the sense of being bored faster. And you have free time? What did you do? Every person has many questions above. They must answer that question simply because just their can do in which. It said that about reserve. Book is familiar on every person. Yes, it is right. Because start from on pre-school until university need this particular Strategies for Suicide Prevention in Veterans to read.

Carlos Pollard:

Nowadays reading books become more than want or need but also be a life style. This reading addiction give you lot of advantages. The huge benefits you got of course the knowledge the particular information inside the book that improve your knowledge and information. The knowledge you get based on what kind of guide you read, if you want get more knowledge just go with education books but if you want feel happy read one along with theme for entertaining including comic or novel. Often the Strategies for Suicide Prevention in Veterans is kind of guide which is giving the reader capricious experience.

Jean Mora:

This Strategies for Suicide Prevention in Veterans is great book for you because the content and that is full of information for you who also always deal with world and possess to make decision every minute. This specific book reveal it information accurately using great plan word or we can say no rambling sentences within it. So if you are read that hurriedly you can have whole details in it. Doesn't mean it only provides straight forward sentences but tricky core information with attractive delivering sentences. Having Strategies for Suicide Prevention in Veterans in your hand like having the world in your arm, info in it is not ridiculous one particular. We can say that no book that offer you world with ten or fifteen minute right but this guide already do that. So , this really is good reading book. Hey there Mr. and Mrs. active do you still doubt which?

Teresa Obannon:

You may spend your free time to see this book this book. This Strategies for Suicide Prevention in Veterans is simple bringing you can read it in the playground, in the beach, train and also soon. If you did not get much space to bring the particular printed book, you can buy the actual e-book. It is make you better to read it. You can save the actual book in your smart phone. Consequently there are a lot of benefits that you will get when one buys this book.

Read Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service for online ebook

Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service books to read online.

Online Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service ebook PDF download

Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service Doc

Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service Mobipocket

Strategies for Suicide Prevention in Veterans by U. S. Department of Veterans Affairs, Health Services Research & Development Service EPub