



Spoon Sweets and Homemade Liqueurs: Flavors from Greece

Despina Tsolakidou

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‘Spoon Sweets and Homemade Liqueurs’ is a book that covers a very special part of Greek traditional cuisine, the art of preserving fruits and vegetables in syrup and the process of making pure fruit-based and spice-based homemade drinks. Those kind of sweets have been the typical welcome treats at everybody’s home for countless of years; a treat that can accompany wonderfully a Greek coffee or a homemade liqueur. Behind these recipes one can find the hidden wisdom of Greek people of the past who were accustomed to utilize what the nature generously gave to them. The ingredients are easy to find in most cases, if otherwise, before every recipe you can find a detailed description of the basic ingredient in order to substitute it or to use another similar one. The process of every recipe comes in numbered steps, which will help you get a complete picture in advance. Also, there are photos at the end of many of the recipes to help you get the idea of it.

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